LORNE COMMUNITY HOUSE

2025 Courses & Groups

Kindred Choir

Sing For Joy!

Heart centred community choir lead by songwriter/music therapist Tiffany Eckhardt. Folk, Gospel, World, original, popular… Fostering self-confidence, wellbeing, friendship and fun.

No experience necessary, everything taught by ear.

When : Wednesday 11am - 12.15pm

Cost : $15 ($10 concesession)

For more information :

tiffany.eckhardt@gmail.com

Double Happiness Tai Chi & Qigong

This class is suitable to all levels. Classes include soft warm up, balance, co-ordination movements, qigong basics, tai chi stances and cloud hand practice. Benefits mind body practice, strengthens joints, improves flexibility, enhances co-ordination and balance, lowers blood pressure, strengthens immune system, improves quality of sleep and cultivates a sense of inner peace.

When : Wednesday 9.30am - 10.30am

Cost: $20 per class

Enquiries and bookings :

Simon 0401 868 232

The Lorne Community House offers room hire, meeting facilities, occasional childcare, accredited training courses, computer and internet access and service referrals.

For further information contact 5289 4383 or lorne.communityhouse@gorh.vic.gov.au

Playgroup

Pop in anytime for toys and smiles for the kids, coffee and chats for the carers!
All parents, carers, grandparents and children aged 0-5 are welcome.
When : Tuesdays 10am - 12pm
Cost : Gold Coin donation
Enquiries : Lorne Community House

Fitness Classes

Enjoy fun, effective core, cardio and strength classes to start your day right!
All abilities welcome.
Please bring a mat and light weights.
When : Tuesdays 6.30 - 7.30am
Cost : $20 per class
Bookings: Cherie 0407 756 549

Occasional Childcare

When : Monday, Wednesday & Thursday
9am - 2pm
Bookings and enquiries :
Katy at Lorne Community House 5289 4383

Maternal and Child Health Service

The Surfcoast Shire Maternal and Child Health service (MCH) is based at Lorne Community House. This is free and provides primary care to postnatal women and children from birth to school age.
To book an appointment at the Lorne centre contact Surf Coast Shire on 5261 0549.

Toy Library

Pop in and check out the fantastic range of toys and activities available to borrow in the Toy Library.
When : Monday – Friday 9.30am - 2.30pm
Cost : from $40 for a yearly fee

Services Australia

Services Australia

At Lorne Community House we can help you with Centrelink, Medicare and other government programs and services. We're a Services Australia Agent. Using our computers, you can log in to your myGov account and do your business on the spot. If you don't have a myGov account, we'll help you to set one up. There are phones for you to access phone self-service or speak to us. If you'd rather use your mobile phone or tablet, we've got free Wi-Fi available 24/7. You don't need a password so you can get online straight away. You can also use the Wi-Fi to download and install the Express Plus mobile apps. We can help you set up your digital services if you're not sure what to do. You can also lodge forms, get your identity documents certified and pick up brochures. So next time you need to do some government business, drop in and see us.

Hatha Vinyasa Yoga with Anna

Experience a holistic yoga class that focuses on Pranayama (breathwork), Asana (posture) and meditation through movement.
Long holds and dynamic transitions will challenge you, bringing you deeper in to yourself and your practice.
Leave feeling stronger and more balanced in your body and mind.
This class is suitable to all levels.

When : Tuesdays 8 - 9.15am &
Sundays 6 - 7.15pm
Cost: $15 per class
Enquiries :
Anna 0466 997 687

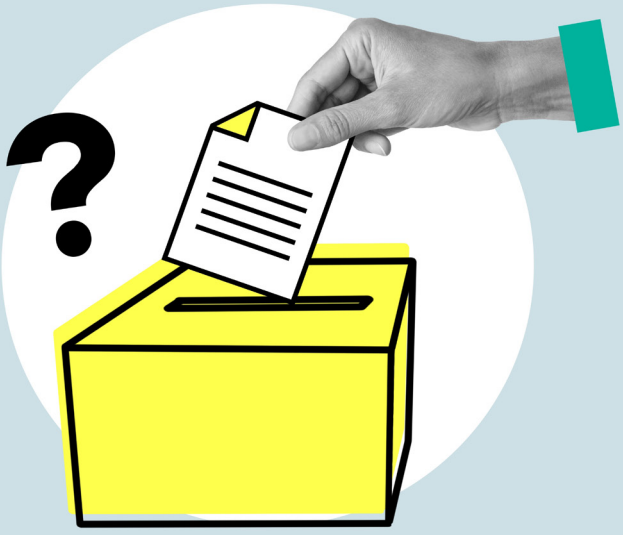
Yin Yoga with Peta

Yin yoga is a deeply nourishing practice that works from a place of calm and surrender. Postures are floor based and held for longer periods of time with the support of props, where we focus on finding a deep sense of stillness. We target the deeper layers of the body - the connective tissue, joints, fascia and bones, allowing a freer flow of energy throughout the body. In a yin class we breathe more, we rest deeper and we let go of tension and tightness.

When: Wednesday 5.30 - 7pm
Cost: $20 per class
Bookings essential :
Peta 0408 596 563

Suggestions - Have Your Say!

What do you want at the Lorne Community House? Are you a tutor or skilled in something that you'd like to share? We are always looking for new activities to share within the community. It could be that you're an avid knitter who would like to teach others? Or, you're a traveller who'd like to share tales of your last adventure? An academic with an interest in stamp collecting? A meditation guru who would like to practice in a group? We want to hear from you!



Lorne Community House
Pop in and visit Katy or Karyn
Monday to Friday
9.30am-2.30pm
Phone: 5289 4383
Email: lorne.communityhouse@gorh.vic.gov.au

Gardening

Come along and join a group of avid and dedicated gardeners, and enjoy the calm satisfaction that working together in the garden in a small group can bring.
The garden is ever-expanding with many and varied vegies and fruit being grown as well as the essential composting and worm systems.
Waterers always needed!
When : Tuesdays from 11am
Cost : FREE

Free individual tech sessions with Geelong Gadget Girl

Book yourself a spot to ask all of your questions about your phone, tablet or laptop. Bring your device and sessions will be private.
When : 20 minute individual sessions between 10am – 12pm on the following Thursdays: April 24th, May 22nd, June 19th, July 24th
Bookings : 5289 4383 or lorne.communityhouse@gorh.vic.gov.au

Are you financially stressed? Need a food parcel?

We are able to provide short-term food relief for individuals or families who find themselves in a difficult financial situation. We can also help you arrange financial counselling if needed.

Contact us directly anytime Monday to Friday 9.30am to 2.30pm for this help.

Computer Use and Printing

In our designated computer room you can connect to our computers or your own device through our free Wifi to:

- browse the internet,
- check your emails,
- join a meeting/ZOOM, or
- Telehealth appointment.

Printers are also available at a low cost of 20c/page. Call us if you need assistance or would like a private space to conduct your business (subject to availability), or just drop in.

Lorne Community House
Email: lorne.communityhouse@gorh.vic.gov.au
Address: 16 Mountjoy Parade, Lorne 3232 Website: www.lornecommunityhouse.org.au
Phone: 5289 4383 Office hours: 9.30am - 2.30pm Monday - Friday
Interested in receiving email updates?
Join our mailing list lornecommunityhouse.org.au/mailing-list